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The Truth About Breaking Up, Making Up, And Moving On



Synopsis

Relationships are like road trips. Sometimes theyâ™re an exciting adventure. But sometimes theyâ™re like a traffic jam going nowhere. Or even worse, theyâ™re a wrong turn thatâ™s taken you hundreds of miles off your course. With much-needed humor and honest advice, bestselling author and speaker Chad Eastham helps you think through tough but necessary relationship issues such as:

- Why some people find happiness, while others find heartache
- Why pain hurts so much
- When to break up
- When to make up

Chadâ™s conversational tone, facts, and advice encourage young people to rethink lifeâ™s conversations, even the difficult stuff like heartbreak. There is nothing in life that is too big, too painful, or too difficult that God cannot make better and use to teach us about love. Nothing.

Book Information

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Customer Reviews

I am MUCH older, and I bought this book because I was curious, and also because I was going through some "relationship" issues at the time. I really did not take the time to read the intro etc. so I went ahead and purchased it, not knowing it was geared towards teenagers. I have to say that I was pleasantly surprised- he introduces youths to a solid Biblical foundation regarding dating and all the associated issues. Even though I am MUCH older than a youth, I also realize that adults who are "dating again", still face the same issues as teenagers face. He did a great job! If you are raising your teenagers on Biblical values and principles, feel safe, this book will lead in the right direction. A book well worth the price!

My Review:I asked to review *The Truth About Breaking Up, Making Up and Moving On* , by Chad Eastham because I am the grand mother of 7 grand-daughters, four between the ages of 12-16. Chad has a great way of making a serious topic totally fun for teen boys and girls, between the ages of 13-17. He covers social media (FB, etc) today and its effects on teens as well as adults. Chad frequently puts himself "out there" and explains how he learned to deal with certain experiences he had problems with. This puts the young reader in a more receptive mood to take advice from the book. I learned a lot in this book myself which surprised me. I will be purchasing this book for members of my family. Thank you, Chad for a much needed book for teens in the social media age we live in. You will learn how to break up, make up(or if your should) and how to gracefully move on.I received this book from Net Galley and Thomas Nelson for my honest review.

I LOVE Chad Eastham's down-to-earth way of talking to teens. He really seems to get what's going on in their brains and tells stories and uses examples, they can easily relate to.He uses his own past, letters that readers have sent in, lots of quotes, and verses from the Bible that really hit home. I think this book really emphasizes that you are not alone in the pain and confusion associated with the dating world and that there is a way you can actually take control over part of it.In the first chapter, he gives a great run-down of if it's even "love" you're feeling or something else. Practical advice, in an easy to read way, that I hope will prevent a lot of heartache down the road for many. Great job Chad!Tommy Nelson sent me the above books for review purposes. It will allow me to keep the book. I have no other connection to and have received no other compensation from Tommy Nelson.

This is an excellent book for all teenagers and their parents to read. The author has a great sense of humor and as you read the book you feel like you are having a fantastic conversation with a friend. The information he shares is personal and practical. I liked how he showed that the emotional times you are encountering as a teenager can help you become a better adult. I also liked that the book was not judgmental in any way but was very encouraging! I gave this book 5/5 stars. I would recommend this book for any teenager, youth group, or Sunday School class. It is a great book to read alone or with a group! This is a must read!! I would like to thank the publisher for the copy of this book I enjoyed reading. I gave an honest review based on my opinion of what I read.

My teenage daughter (17) loves this book! It helped her tremendously through a recent breakup and

she has let multiple friends borrow it since then.

For every young person out there who needs a handful of hope!!! I wish so much this book was available when I was younger. But as a man in my mid thirties - it still deeply adheres to my life. Mr. Eastham writes with a heart deeply committed to helping people understand themselves. This is such a great book to help us comprehend how we feel about a relationship and what is really going on. And with a twist of humor and realism, how to distinguish between the two. 2 thumbs up.

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